



# The Circular

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### Assistant Treasurer

Janet O'Leary

### Thursday

### Vice President

Carol Roberts

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Debbie Jensen

### Monday

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### Secretary

Barbara Bennett

## PRESIDENT'S MESSAGE

*From Carol Petranek*

Our FCQ meetings are buzzing with activity! There is so much energy in the room that it is palpable—you can feel it as soon as you enter.

We have new members and we have new projects, both of which add to the excitement of being in our guild.

Lately, I've been feeling very left-brain drained as I am studying the Greek language at an accelerated pace. Although the verb tenses make me tense, I have to maintain the study schedule so I can make myself better understood in Sparta this summer. When Thursday mornings arrive, I am relieved and relaxed when I enter our "haven of creativity." My left brain side is calm and the right side is stimulated, exactly what I need to achieve a sense of balance. Are you also feeling a bit tense, worried, or overworked? Then quilting can help!

Science has proven that creativity reduces stress: "Creativity induces positive health effects... When you create, you invoke your imagination, which is a productive and constructive use of your mind. By focusing intensely on a creative task, you can achieve the state of *flow*... defined as the 'optimal state of consciousness where we feel our best and perform our best.' Creative people may see stressors more as challenges that they can work to overcome rather than as stressful obstacles they can't overcome." (Source: *Entrepreneur*, <https://www.entrepreneur.com/article/300347>)

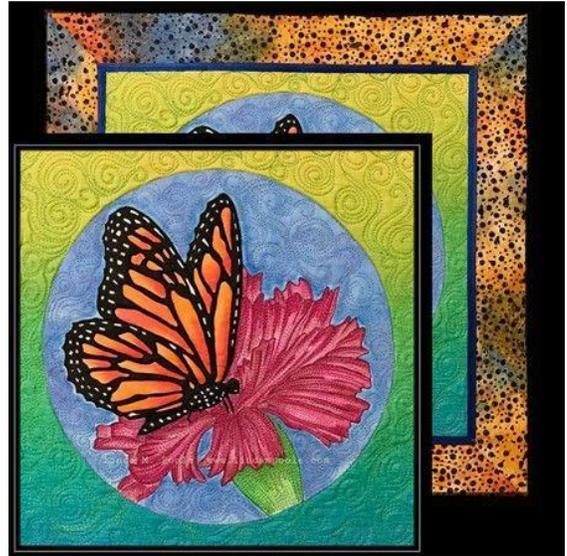
So...when someone asks why you are buying more fabric or sewing until 1:00 a.m., you can reply with confidence, "it's good for my health!"

[www.photobucket.com/albums/w517/FCQuilters](http://www.photobucket.com/albums/w517/FCQuilters)

## A QUILTED JOURNEY AROUND THE WORLD WITH LINDA M POOLE

*From Maria O'Haver*

This is the title of the lecture Linda M Poole will be giving for FCQ on Thursday March 21. Look at the world through the eyes of American and International quilters and see what inspires them in their quilts. Linda will also be teaching a full day workshop on Saturday March 23 on her fabric painting techniques. The class will be her Monarch Butterfly (class fee of \$70 includes a kit fee). You will learn to paint, blend and shade with Inktense ink pencils and pigments. Doodle designs get added to your butterfly to make it your one-of-a-kind masterpiece. Learning from Linda, an experienced painter and quilt instructor, will be a class to remember. She promises that anyone can do this! Registration is now open. Contact MARIA O'HAYER to sign up.



### **Location change for Linda Poole Lecture and meeting Thursday March 21**

Please note that due to a scheduling conflict at the church, our March 21 will be held at the Elkridge Branch Library, 6540 Washington Blvd, Elkridge, MD 21075. The doors open at 10am, so we ask that everyone help set up chairs for the meeting and lecture. The lecture will start at about 10:30am. The Saturday workshop will still be held in Lyle Buck Hall as planned.

### **SAVE THE DATES FOR 2019**

Thursday March 21 Lecture with Linda M Poole  
Saturday March 23 Workshop with Linda M Poole  
Thursday May 9 Lecture with Debby Kratovil  
Saturday May 11 Workshop with Debby Kratovil  
Thursday Sept. 26 Lecture with Joyce Hughes  
Friday Sept 27 Workshop with Joyce Hughes at Pecometh Retreat Center  
Fri-Sun Sept 27-29 Fall Retreat at Pecometh Riverview Retreat Center

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## APS PROJECT QUILTS

*From Maria O'Haver*

This year, our guild is again organizing an effort to make quilts for TAPS (<https://www.taps.org/>). The Tragedy Assistance Program for Survivors offers compassionate care and resources to all those grieving the loss of a military loved one. The quilts are given to children who attend a summer camp. STEPHANIE SANIDAS has used a die cutter to cut pieces for 10 quilts. MARIA O'HAYER has made up kits for the seven different easy blocks we will need for the quilts. These kits are available at meetings for members to take home and sew. If you have any questions about the instructions, contact Maria. Return the blocks to MARIA or STEPHANIE no later than end March.

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### QUILT SHOW COMMITTEE CHAIRS MEETING

*From Sheva Farkas*

The quilt show committee chairs and other members are invited to the kickoff meeting of the 2020 Quilt Show Committee on March 8th at 10 a.m. in room 106 of the church. We will be discussing each committee's needs and any other brilliant ideas for us to ponder about the upcoming show. Please feel free to attend. If you have any questions or suggestions contact SHEVA at [sbpowers@verizon.net](mailto:sbpowers@verizon.net) or BECKY at [bj.2468@hotmail.com](mailto:bj.2468@hotmail.com). It's only a year and a month away.

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### RAFFLE QUILT SEW-INS

*From George Hubble*

The raffle quilt blocks are ready to be pieced, and we invite you to be part of the creative process! The outer and inner borders will all be paper pieced. If you are not familiar with this technique, this is the perfect opportunity to learn how to paper piece, spend a few hours with fellow quilters, and help with the next Quilt Show Raffle Quilt.

Bring your sewing machine, white or light grey thread (Aurifil or Bottom Line preferred), size 90 needle, postcard or piece of heavy card stock of about same size, small ruler, cutting mat, rotary cutter, and small scissors/paper scissors. As we will be working during lunch time, we encourage you to bring a bag lunch and drink. Kits will be available at the time of the sew in.

#### **TIMES:**

Saturday, March 9 - 11:00-2:00

Thursday, March 14 after guild meeting, until 3

Saturday, March 16 - 10-1

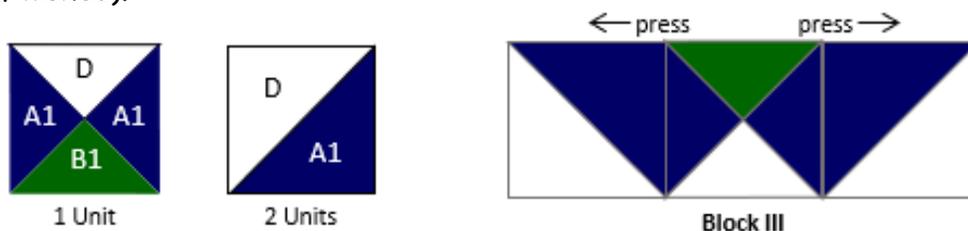
Thursday, March 28 after guild meeting until 3:00

## MYSTERY CHALLENGE

From Janette Tarr

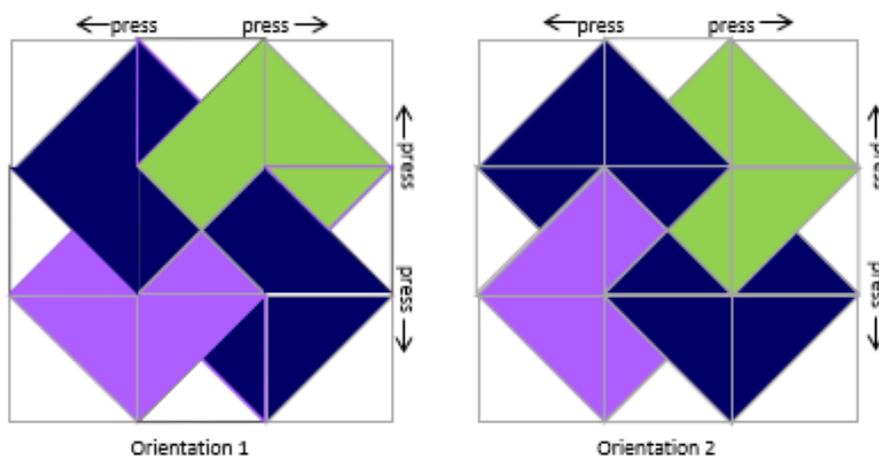
Step 7: Let's make a couple more blocks and assemble our quilt!

**Block III:** Use the following units to build this block. The final dimensions of Block III are  $3\frac{1}{2}'' \times 9\frac{1}{2}''$  (unfinished).



**Block IV:** Once you have completed Block III, you will use the remaining blocks (HST, QST, SQST) to make this block. Because the Split Quarter Square Triangles (SQST) gave you two orientations, you will also end up with two orientations of this block. As a result, you must pay attention to orientation! You will need 4 HST units, 4 SQST units, and 1 QST unit for each block. The final dimensions of Block IV is  $12\frac{1}{2}'' \times 12\frac{1}{2}''$  (unfinished).

**BLOCK IV:**

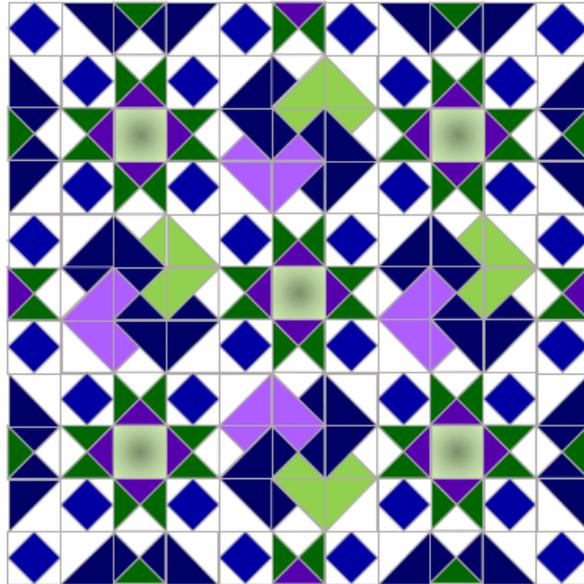


The number of blocks needed will be dependent on the size of the quilt being made.

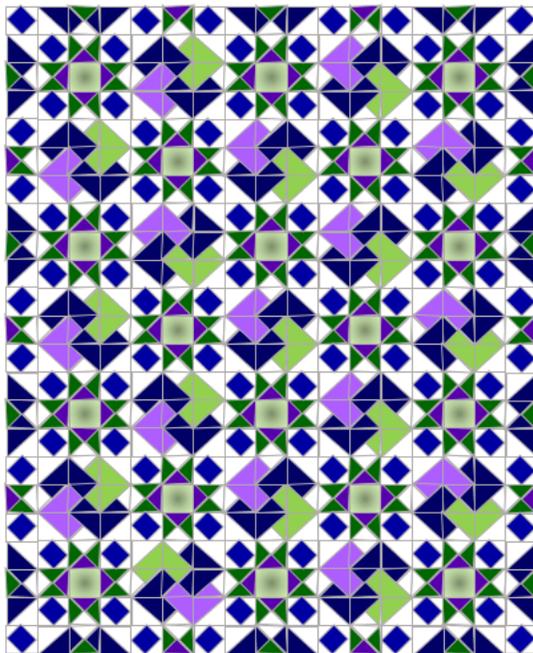
	small	lap	twin	full	queen	king
Size	33" x 33"	51" x 51"	51" x 69"	69" x 69"	69" x 87"	87" x 87"
Block III	8	12	14	16	18	20
Block IV	4	12	17	24	31	40

To complete your quilt, assemble the four blocks along with the remaining four (4) SIS, using the diagrams below as a guide. Then add any border you wish.  
 If you have made a small quilt, the layout of the block will be as follows.

SIS	Block III	Block I	Block III	SIS
Block III	Block II	Block IV	Block II	Block III
Block I	Block IV	Block II	Block IV	Block I
Block III	Block II	Block IV	Block II	Block III
SIS	Block III	Block I	Block III	SIS

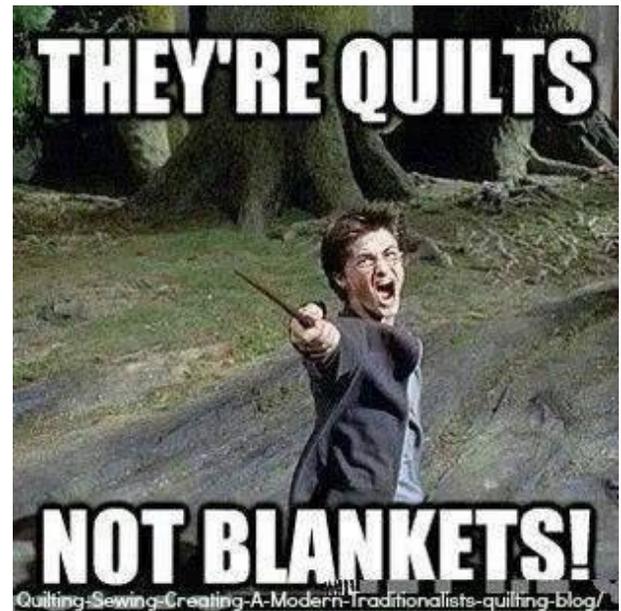
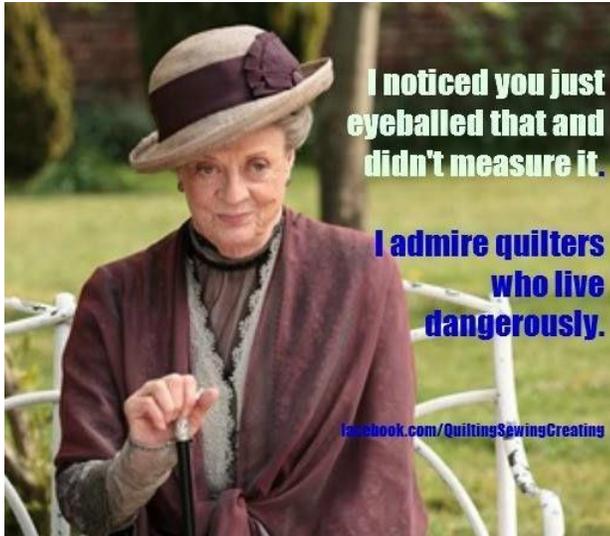


If you have made a twin quilt, the layout of the block will be as follows:



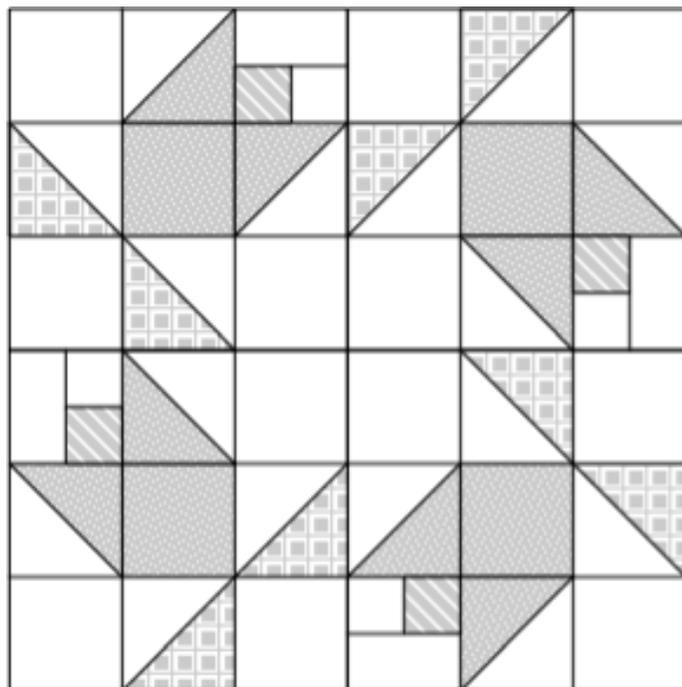
SIS	Block III	Block I	Block III	Block I	Block III	SIS
Block III	Block II	Block IV	Block II	Block IV	Block II	Block III
Block I	Block IV	Block II	Block IV	Block II	Block IV	Block I
Block III	Block II	Block IV	Block II	Block IV	Block II	Block III
Block I	Block IV	Block II	Block IV	Block II	Block IV	Block I
Block III	Block II	Block IV	Block II	Block IV	Block II	Block III
Block I	Block IV	Block II	Block IV	Block II	Block IV	Block I
Block III	Block II	Block IV	Block II	Block IV	Block II	Block III
SIS	Block III	Block I	Block III	Block I	Block III	SIS

Let me know if you have any problems! [jmtarr79@gmail.com](mailto:jmtarr79@gmail.com) Janette Tarr.



## WINDBLOWN TULIPS

By Linda Schiffer



### WINDBLOWN TULIPS

12" square  
(12.5" unfinished)

Here's hoping for tulips and daffodils this month! March winds, too, if they blow in warm air.

Tulips colors can be anything floral. Leaves a nice spring green. Background colors white, cream or sky blue.

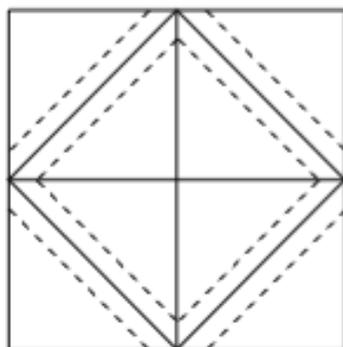
For flowers: cut Four 2.5" squares; One 6" square; Four 1.5" squares for center.  
For leaves: cut One 6" square.  
For background: cut Two 6" squares; Twelve 2.5" squares; Four 1.5" squares; Four 1.5" x 2.5" rectangles.

#### SEWING LEAVES:

Mark solid lines on one 6" square of background print as shown here (you will be cutting along the solid lines so you can use any marking tool).

Align raw edges of one 6" square of leafy green fabric and one 6" square of background print, right sides together.

Sew along dotted lines - 1/4" away from each diagonal. Cut along solid lines to yield eight half square triangle units with one half being leaf print and one half background. Trim if necessary to 2.5" square.



SEWING TULIPS: (see Sewing Leaves)

Make eight half square triangle units for tulips using one 6" square of tulip print and one 6" square of background fabric. Each finished square should be trimmed to 2.5".

#### SEWING TULIP CENTERS:

To each of the four 1.5" squares of chosen tulip center prints sew a 1.5" square of background fabric.

To each of these units, sew a 1.5"x2.5" background print rectangle to yield four tulip centers which should each measure 2.5" square.

#### ASSEMBLING BLOCK:

Lay out block units (leaves, tulip flowers and centers) as shown in diagram above. Sew together to yield one 12.5" (unfinished) square.

If you want to be in the block drawing, label your block on the right side with your name and phone number. If you do not want to be in the drawing, please put your label on the wrong side of the block so the winner will know who made it.

GOOD LUCK!

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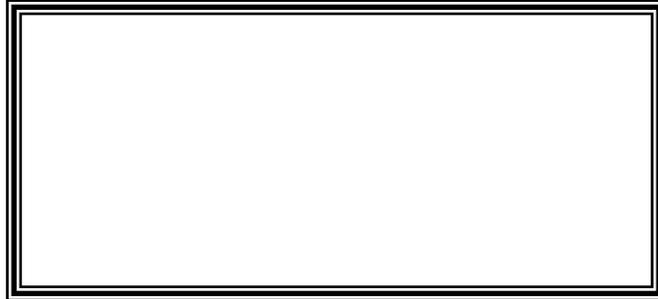
Faithful Circle Quilters  
welcomes anyone  
interested in quilts and  
quilting.

We meet Monday evenings  
from 7 to 9 pm  
AND

Thursday mornings  
from 10 am to 2 pm

At the  
First Presbyterian  
Church on  
Rt. 108 at Rt. 29  
Columbia, MD

Please come join us and  
visit our web site at  
[www.faithfulcirclequilters.com](http://www.faithfulcirclequilters.com)



## Betty Kilroy's March Birthday Party

- 03 Janet Currotto
- 03 Bonnie Tester
- 04 Sandy DeLaney
- 07 Barbara Laskowski
- 11 Cynthia Porter
- 14 Bonnie Stapleton
- 15 Georgia Morris
- 22 Margaret Minton
- 24 Elaine Bishop
- 26 Darlys Hughes
- 31 Marge Bowers

## CALENDAR

**Thurs. March 7 Love Quilts**

**Thurs. March 21 Lecture with Linda Poole**

**Sat. March 23 Workshop with Linda Poole**