

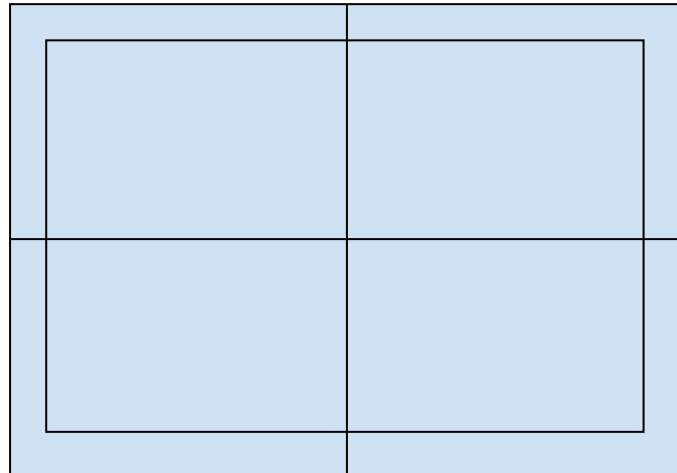
Intermediate FMQ

Supply List

- Sewing machine capable of free motion quilting
- Appropriate FMQ presser foot compatible with your machine
- Extension table for your machine if you have one
- Manual for your machine if possible
- Fabric:
 - 3 solid colored fat quarters (for the top)
 - 3 fat quarters any color, solid or print (for the bottom)
 - Backing Fabric for quilt panel: 1 ½ yds
- Batting:
 - 3 fat quarter sized pieces
 - 1 at least 40"x40"
- Needles (Bring a couple extra just in case!)
- Thread:
 - One color to contrast with your solid fat quarter tops
 - One color to match/blend with your solid fat quarter tops
 - Pink, Blue, and White to match/blend with panel (see picture for approximation of colors)
 - Bobbins filled with desired colors (can match the top threads or backing fabric or just use a neutral/gray for all)
- Scissors/snips, seam ripper
- Pen or pencil
- Marking pen such as blue washable or white chalk – whatever shows up on your fabric
- Optional – if you already own them:
 - Slider such as Supreme Slider or Sew Steady Glider
 - Quilting Gloves

Pre-Class Preparation:

- Prepare practice fat quarters:
 - Make 3 quilt sandwiches with your fat quarters and batting. Baste however you prefer (spray, pins, etc.)
 - On 2 of the fat quarters:
 - Use your walking foot to quilt lines dividing the fat quarters into quadrants
 - On 1 of the fat quarters:
 - Use your walking foot to quilt a line about 4.5" away from each long edge
 - On all of the fat quarters:
 - Quilt all the way around the perimeter of the fat quarters 2" away from the edge
 - Remove any pins or thread basting
- Two fat quarters will look like this:



- One will look like this:



Prepare the quilt panel:

Make the quilt sandwich and baste however you prefer (spray, pins, etc.)

At a minimum, stitch in the ditch on all sashing "seams" (around each block and between the sashing and the border).

If you choose, stitch in the ditch around the colored areas.

Remove pins or thread basting